



Empower

Engage

Talk

Your Voice

EPUT values your INPUT

Coping with depression and anxiety – mental health crisis how can we help you?

Our Spring 'Your Voice' meetings are taking place across many of our localities. At this meeting you can also:

- hear how the Trust is performing from Sally Morris, our CEO;
- meet the Chair or her Deputy, Board Directors, Senior Managers and your Governors;
- ask questions at the informal Q&A session.

Thursday 28 March 2019

14:00 - 15:30

**Committee Room, Saffron Walden Town Hall
Market Place, Saffron Walden, CB10 1HR**

Light refreshments will be provided from 13:45

Admission is free

If you'd like to come along (feel free to bring a guest), book now to avoid disappointment by emailing epunft.membership@nhs.net or call 0800 023 2059

